

Tasty Tales

Presented By

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Objective: To provide quick and easy activities that combine books and recipes to create Tasty Tales that are economically friendly to the budget.

Little prep time and materials will be needed to create your culinary masterpieces.

The suggested books are books that are popular and should be easily found in your school or local libraries.

Last: easy ways to create a recipe book for your students.



Suggestions before beginning your club.

Know students/staff allergies

Shop sales/keep activities seasonal. In example butter is always on sale around holidays or keep in mind when fruit is in season.

Do you struggle with book ideas? Watch for the golden sower award lists, or search for children's authors. Watch for key words/food ideas in the story.

Set rules/expectations, whether you use mine or create your own, this will help your club run smoothly.

Rules/Expectations

1. When my voice is on, your voice is off.
2. If you need me raise your hand.
3. I love the words please, thank you, your welcome, you can use them anytime but I love them during club.
4. Keep your hands as clean as possible. Do not pick your nose, do not put your fingers in your mouth, touch your face, hair etc.
5. We do not say eeew, yuck, gross, I hate that. We do politely try it, if we still don't like it, put in the trash. What happens a lot is when we mix ingredients together they taste different apart than when mixed together.

6. You are old enough to clean up after yourselves. Example: throw your trash away.
7. Sit next to someone you can make good choices with. If I ask you to sit out because you are not making good choices, consequence: you will miss club. Make good choices and you don't have to worry about this.
8. You can watch a movie more than once, you can read a book more than once, pick out something you missed the first time.



Book Suggestions/Recipes

Book 1: “Budding Ballerina” or “Science Project That Almost Ate the School”.

Recipe #1

Ballerina Marshmallow

1 large marshmallow.

1 teaspoon frosting

Pink sugar

Cake pop stick



*Dream
a little Dream*
Stitch. Parties for the young and young at heart

Recipe #2 “Science Project That Almost Ate the School”

Kool Aid Slush Recipe

Any flavor of Kool-Aid

2 cups cold water

½ cup of sugar

4 cups of ice

Blend—serving suggestion 3oz bath cup

Book 2: “Love Splat” or “Click Clack Moo I
love You.”

Recipe Lemony Love Potion Recipe

12oz lemonade concentrate (frozen Pink)

1 cup raspberry sherbet

12 oz lemon/lime soda (sprite, 7up, sierra
mist etc..).

1 can water.

Mix concentrate with water and soda, and
sherbet.

Suggested serving size 3oz bath cup

Book 3: “Honey Honey Lion” or “ Mother Bruce”

Recipe Honey Butter

½ cup butter room temperature

¼ cup honey

½ teaspoon vanilla

¼ teaspoon cinnamon

Mix together. Serving size one teaspoon.
Serve with graham cracker or dinner roll.

Optional voting system

Not a voice just a hand/when I ask:

If you enjoyed the recipe give a thumb up/if you sort of liked the recipe but don't want to try again a sideways thumb.

Did not like at all give a thumbs down.

Have a student count the thumbs.

How to create easy recipe books

1 index card per child.

Paper punch corner

Book Ring

Older students can copy recipe to card

For younger students print recipe/glue to
index card

Or

Print recipe place in page protector

Suggestion keep at school/vote on favorite
at the end of the year.